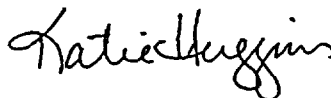


NOTICE

This notice is being given pursuant to Section 6 of the DSHEA of 1994, concerning the following product: BurnMore. 4Health, Inc. the product's distributor, is filing this notice rather than the product manufacturer as 4Health, Inc. is the entity responsible for the statements which are being made on the product's labeling. All of these are statements described in subparagraph (A) of Section 6.

1. BurnMore is designed to help your body burn fat and increase your metabolism.
2. The thermogenic ingredients work gently & naturally to increase your body's production of heat energy and metabolic rate.
3. Take CraveLess and BurnMore, along with Fulfill meal replacer, as part of the TakeCharge Weight Loss System, for optimum results. For weight control, combine the TakeCharge System with exercise and a healthy diet.

4Health, Inc.



By: Katie Huggins
Manager, Research and Development
5485 Conestoga Court
Boulder, Colorado 80301
1-303-546-6306

Date: June 4, 1996

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